

Robin Lynn Brooks's Blooming of the Lotus work

Comments from women who have taken Robin's healing workshops:

"I would love to be involved in another group you may do. The experience was one I will always treasure." —
Donna Covino, outpatient therapist specializing in trauma work and former co-coordinator of the Greenfield Women's Resource Center/Domestic Violence Advocate.

"Thank you! One of the writing exercises you gave us brought out thoughts that surprised me. Repressed memories came out which I have been able to process in a healthy, productive way."

— *Tina, survivor of childhood sexual, physical, and emotional abuse and adult emotional abuse*

"I felt 'held' with respect for whatever I bring to the group and honored — receiving this helped me to honor myself and what I contribute to 'holding' this circle. And something that went well for me was Robin's tenderness and passion to offer/share this path here and now. (Lucky me!)" — *K.D., North Leverett, MA*

"I thought you did a great job in presenting the different ideas and how we might like to experience them. You didn't 'force' us to do things or to believe things if they weren't comfortable for us. You allowed us to be ourselves and gave us the feeling we were just fine being who we are.

"I really appreciated your being so open to folks with all kinds of beliefs to take part in your workshop. I did notice that even though we all seem to believe in something different — the core of it all was that we all believe in something greater than ourselves who help us along the path each of us is meant to take." — *Judy*

"The level of safety was so present. You are helping me heal, Robin, already!" — *Martha, survivor*

"This has been a wonderful experience for me. I have gotten a lot out of it. Robin was great as a facilitator. I loved the fact that she is able and willing to listen to the women in the group and to actually take suggestions in the moment. I love Robin's quiet energy which helped to create a safe space. I am honored and blessed to know you in my life." — *Susan, survivor*

“Robin is a great facilitator. She is inspiring, with her gentle open approach to healing, and she makes the space feel welcoming and relaxed. Her workshop adds depth and intention to the process of art making. The guided writing prompts were helpful to uncover aspects of my process of healing and growth.”

— *Laura, survivor*

“Thank you for guiding me through the darkness into the light!” — *Doreen, survivor*

“These have been three wonderful weeks! You did great work here. Thank you so much, Robin, for bringing your wisdom and guidance to the center.” (After a 3-session workshop series, 2014)

— *Christine Diani, Programs Coordinator at the Women's Center at MCSM*

“The pacing of the workshop was wonderful. Robin was very well prepared, relaxed and there was an openness in her demeanor — in her presence — that set the tone for all of us, individually and as a group. I'm so grateful to Robin for her courage, compassion and for her great generosity, in bringing her considerable talents to offer this workshop to the Women's Center.” (After a workshop, 2016)

— *Christine Diani, Programs Coordinator at the Women's Center at MCSM*

Comment about Robin's healing work in general:

Can people be around you and not bloom? — *Kathleen Bowen, Center for Biography and Social Art*